Requirement for Success:	
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Day 1	Day 2
	Breakfast
Breakfast	orange juice
grapefruit juice	plain yogurt
cooked oatmeal & brown sugar	granola
milk	coffee
coffee	Colleg
Lunch	Lunch
bagel with cream cheese	* * *Planning to eat out
fresh strawberries	
diet soda	
distrocad	
Dinner	Dinner
spaghetti sauce & noodles	TV dinner
French bread	banana
salad with lettuce, celery, and carrots	frozen green beans
ice cream	diet soda
milk	
List all of the items that would need to be purchased t	from the grocery store in order to serv
these meals:	