ACTIVITY: LIST GENERATING

Purpose

Supplies

- Increase attention to detail.
- Improve ability to move from the specifics of a menu plan to the generality of an overall grocery list.



BLUE

Trial Sheets # 1-5, Performance Record, Answer Key, stopwatch, pencil.

Activity Description/Session Strategies

For each Trial, the client is provided with a menu that describes meals for two days. The client reviews the menu and lists all of the items that would need to be purchased at the grocery store in order to serve these meals. A given item should be mentioned only once on the list. For example, the meal plan in Trial # 5 includes toast at breakfast and a sandwich at lunch. Bread should be written once on the grocery list, not each time it is used in a meal. Failure to adhere to this specification as well as failure to list a necessary item constitute errors in performance of the Trial.