

JUNE

JOURNAL PROMPTS

1. A step you have taken towards your goals
2. Something good from last week
3. A time when you were frightened
4. A really good idea
5. The books in your to-read list
6. Something to remember
7. The best thing about your day
8. Your best qualities
9. Your top priorities
10. A new thing to try
11. Where were you a year ago?
12. Where were you five years ago?
13. What is home?
14. Your dream job
15. Favorite things in your town
16. Reasons to feel happy
17. Words you need to share
18. Something to give up
19. An area to grow in
20. An exceptional skill you possess
21. What motivates you?
22. What do you need?
23. A way you relax
24. The person you are currently grateful for
25. The song you know all the lyrics to
26. A movie you can quote by heart
27. What fills you?
28. Who is your role model?
29. Are you a role model to anyone else?
30. What makes you proud?