

# Chinese take-away

## Instruction

Look at the menu below, and order 10 items for a family of five. Use any strategy to remember (chunking, peg mnemonic, spider diagram, etc). Test your memory of the items after a delay of 30 minutes.

<b>APPETISERS</b>		<b>CHICKEN DISHES</b>		<b>VEGETABLE DISHES</b>	
1	Crispy Seaweed . . . . . £2.70	39	Grilled Chicken with Garlic Sauce . . . . . £4.00	92	Red Cooked Bean Curd . . . . . £3.20
2	Barbecued Spare Ribs (Dry) . . . £3.25	40	Sweet & Sour Chicken . . . . . £4.00	93	Monks Mixed Vegetables with Bean Curd . . . . . £3.20
3	Barbecued Spare Ribs with Peking Sauce . . . . . £3.25	41	Chicken with Pineapple . . . . . £4.00	94	Stir Fried Mixed Vegetables . . . £3.20
4	Barbecued Spare Ribs with Salt & Spices . . . . . £3.25	42	Chicken with Black Bean & Green Peppers (S) (N) . . . . . £4.00	<b>PRAWN DISHES</b>	
5	Sesame Prawns on Toast . . . . . £3.25	43	Chicken with Cashew Nuts (N) . . . £4.00	25	Grilled King Prawn in Tomato Sauce . . . . . £4.50
6	Spring Roll . . . . . £1.60	44	Chicken Curry (S) (N) . . . . . £4.00	26	Sweet & Sour Prawns . . . . . £4.50
7	Satay Chicken (S) (N) . . . . . £3.25	55	Chicken Chop Suey . . . . . £4.00	27	Special Curry (Chicken, Prawn & Pork) (N) . . . . . £4.25
8	Cheese and Crabmeat Won Tons . . . . . £2.70	<b>BEEF DISHES</b>		28	Stir Fried Prawns with Cashew Nuts (N) . . . . . £4.50
9	Quarter Crispy Duck with Pancakes . . . . . £6.95	61	Beef with Mushrooms . . . . . £4.20	29	Stir Fried King Prawns in Black Bean and Green Pepper . . . . . £4.50
15	Prawn Crackers . . . . . £1.30	62	Sirloin Steak with Ginger & Spring Onions . . . . . £4.80	38a	King Prawn Chop Suey . . . . . £4.50
15a	Crispy Won Ton with Sweet & Sour Sauce . . . . . £2.70	63	Sirloin Steak with Black Peppers (S) . . . . . £4.80	<b>RICE DISHES</b>	
<b>SOUP</b>		68	Crispy Shredded Beef with Chilli (S) . . . . . £4.80	86	Special Fried Rice . . . . . £3.80
16	Won Ton Soup . . . . . £2.20	69	Beef Curry (N) . . . . . £4.20	87	King Prawn Fried Rice . . . . . £4.50
17	Hot & Sour Soup . . . . . £2.20	69a	Beef Chop Suey . . . . . £4.20	88	Chicken Fried Rice . . . . . £3.50
18	Crab Meat Sweet Corn Soup . . . £1.80	<b>SEAFOOD DISHES</b>		89	Beef Fried Rice . . . . . £3.50
19	Chicken Sweet Corn Soup . . . . . £1.80	22	Deep Fried Squid in Salt & Chilli (S) . . . . . £4.00	90	Egg Fried Rice . . . . . £1.90
20	Vegetable Soup . . . . . £1.80	23	Squid in Black Bean Sauce (S) (N) £4.00	91	Boiled Rice . . . . . £1.80
21	Chicken Mushroom soup . . . . . £1.80	24	Squid Stir Fried with Asparagus £4.00	<b>ENGLISH DISHES</b>	
<b>PORK DISHES</b>		<b>NOODLES</b>		102	King Prawn Omelette & Chips . . . £4.50
56	Sweet & Sour Pork . . . . . £4.00	78	Singapore Spicy Hot Vermicelli . . . £3.80	103	Chicken Omelette & Chips . . . . . £3.50
57	Char Chiu (Barbequed Pork) . . . £4.00	79	Crispy Noodles Fried with King Prawns . . . . . £4.50	104	Mushrooms Omelette & Chips . . . £3.30
58	Char Chiu with Vegetables . . . . . £4.00	80	Crispy Noodles Fried with Barbecued Pork . . . . . £3.50	104a	Pork Chop with Chips & Curry Sauce . . . . . £4.80
58a	Special Chop Suey (Pork, Chicken, Prawn) . . . . . £4.25			104b	Chicken Fillet with Chips & Curry Sauce £4.80
59	Char Chiu with Asparagus . . . . . £4.00				
60	Roast Pork in Spicy Sauce (S) . . . £4.00				

How did you find this exercise? Easy  OK  Hard  What strategies did you use?